# WONCA Region activity reports – FDD 2017 WONCA East Mediterranean region



Mohammed Tarawneh, WONCA East Mediterranean Region President reports that the WONCA EMR

created one poster in three languages (English, Arabic and French) - thanks to Dr Nagwa Nashat her efforts for this creative work.

The WHO EMRO regional director Dr Mahmoud Fikri sent a long message to WONCA EMR on the occasion of FDD. The full message is over one page in length. Dr Fikri says "*It is with great pleasure that the World Health Organization (WHO) joins the World Organization of Family Doctors (WONCA) and Member States in celebrating World Family Doctor Day. I would like to take the opportunity to underscore the importance of family practice programs for delivering quality primary health care and accelerating progress towards universal health coverage in the WHO Eastern Mediterranean Region."* 

### EMR AL Razi young doctors' activities

Also Nagwa Nashat Hegazy, Chair of the Al-Razi EMR Young Doctors' movement, reports the following:

- Multi-central family physicians awareness campaigns toward depression screening in Egypt, Palestine, Iraq and Kuwait.
- Multi-central community awareness campaigns toward helping people with depression in Egypt, Palestine, Iraq and Kuwait.



• Creation of a video for young physicians explaining why they are proud to be family physicians and it is going to be released on 18th of May 2017

#### https://www.youtube.com/watch?v=ssVyRMCZGRs&feature=youtu.be

#### Al Razi members from Kuwait

These colleagues undertook community awareness on depression activities



#### Al Razi Palestine

Activities included: Physician awareness through a scientific day: Number of attendance : 25 general practioners and nurses Time and place : 19/5/2017 - Betlahim - Palestine Activity - present an oral presentation about ( depression lets talk )

-present a case about how we approach in family medicine

Community awareness through:

- interview on radio

-sharing al razi video for this year with media

- writing a report in newspapers about family medicine and the scope in Palestine

Photo: physician awareness sessions Palestine





## WoRSA - WONCA South Asia Rural

Today on the occasion of WORLD Family Doctor Day, We are launching our new project HAPPY(Health Advice & Promotion, Disease Prevention among Youth).

This projects aims to raise health awareness, promote healthy lifestyle, sensitise public on important health issues and provide expert health advise to people in need.

We have put together a series of 11 videos in different languages on depression to create awareness among common public. Aim was to create awareness among local public about depression by their own local doctors who speaks their language. This most probably will have far bigger impact as context of the talk was local and public could relate to it.

We have covered 11 languages English, Hindi, Pashto, Indonesian, Bangla, Japanese, Marathi, Spanish, Nepali, Bengali and Luganda; 8 countries India, Bangladesh ,Nepal, Japan, Uganda, , Mexico, Indonesia and also Afghanistan where they don't have family Medicine as a speciality.

English video Please do share and subscribe to our <u>youtube</u> <u>channel.</u>

You may send us your video, stories and pictures to us. Its simple, Record a video in a landscape format of 2-5 minutes duration with clear audio in your local language on any important health topic and send it to the email below.

Please feel free to use our hashtag #proHAPPY while sharing it on social media. Contact us: E-mail: <u>pratyush410@yahoo.co.in</u> worsacares@gmail.com Twitter: @drpratyush @worsacares



Best Wishes to everyone .. Happy World Family Doctor Day!!

## **WONCA Africa region**

The celebration of Family Doctor day in the Africa Region was unprecedented this year 2017.

The sensitization commenced immediately after May 19th 2016 with events put together to mark the important day. We agreed across the entire region to create more awareness by organising Free Medical Out Reach to the underprivileged such as Prison inmates, old peoples' homes, taxi drivers, long distance truck drivers, internally displaced persons (IDPs). We held free health talks, lectures, health walks, world press conferences, TV and radio shows and CME events.

The above plans were surpassed !! For example, there are 36 states in Nigeria and 20 of them celebrated the WFDD with pomp and pleasantry. Most of the photos are from Nigeria.

From Ghana, Kenya, Uganda, South Africa, etc, it was celebrations galore.

These activities have created a lot of awareness for family doctors, increased public knowledge and drew attention to the politicians and policy makers.

