

WONCA SIG on Quaternary Prevention and Overmedicalization. Proposal of objectives / strategic plan / activities for biennium (2017-2018)

This proposal for the next biennium is oriented to the objectives proposed on the WONCA SIG on Quaternary Prevention and Overmedicalization creation document (Heath I, Pizzanelli M, October 2016).¹

(Objectives, Activities and stages, timing, responsibilities)

Objectives

1. To establish a SIG Executive Team representative of all WONCA Regions and install regional working groups. (Leadership and Team Building level).
2. To create a Quaternary Prevention and Overmedicalization International Network. (Collaborative Network level)
3. To initiate communication resources (Forum to facilitate exchange and discussion. To edit a specific web page). (Communication Level)
4. To disseminate Quaternary Prevention and Overmedicalization concepts in scientific activities, publications, teaching, and promote its application to medical practice. (Exchange level)
5. To promote WONCA SIG Quaternary Prevention and Overmedicalization activities among all the WONCA individual and institutional members in order to communicate its importance (Institutional level).

¹ Available: <https://tinyurl.com/QP-SIG-Proposal>

Objective 1
(Leadership and Team Building level)

To establish a SIG Executive Team representative of all WONCA Regions and install regional working groups.

Activities

We propose to create a Quaternary Prevention and Overmedicalization working group in each WONCA Region. Disseminate the

In order to achieve this goal, each WONCA regional President will be asked to designate at least two leaders to consolidate a regional working group to join the network.

The designated leaders with the chair will become the Executive Team.

The leaders will encourage regional members to join the group and participate in the regional and international network.

| Objective | Goals | 2017-2018 | Responsibility |
|---|---|---------------------------|---|
| Objective 1 Leadership and Team Building level To establish a SIG Executive Team representative of all WONCA Regions and install regional working groups. | Each WONCA Region must designate two regional leaders. | From March 2017 to May. | WONCA Executive Chair SIG QPO WONCA Regional Presidents |
| | Create a regional group. (Each group would adapt activities to regional resources and priorities) | 2017 from May to December | Chair SIG QPO Regional Presidents Regional Leaders |
| | Participate in the International Collaborative QPO Network | 2017 and 2018 | Chair SIG QPO Regional Presidents Regional Leaders Regional Working Group members. |

Objective 2

To create a Quaternary Prevention and Overmedicalization International Network. (Collaborative Network level)

Activities and goals

We propose to create a collaborative international network with the topic Quaternary Prevention and Overmedicalization to promote critical thinking and apply the concept to the general practice.

Facilitate cooperation among societies and professionals in order to promote knowledge exchange and expertise.

Promote critical attitude and critical thinking about the profound conflicts of interest that undermine medical activities.

Goals

To identify strategic thematic areas and leaders or institutions to provide knowledge, abilities and tools to strengthen the network. Possible areas: Overmedicalization, Critical reading and appraisals of medical literature, EBM, Ethics, ICTs, Community comprehension of overmedicalization risks, Public policies, Quaternary Prevention conceptual framework, Epistemology.

After identified the thematic leaders facilitate the network interaction.

Convene virtual and face-to-face meetings by working groups according to thematic areas

| Objective 2 Collaborative Network level | Goals | 2017-2018 | Responsibility |
|---|---|---------------------------------|---|
| To create a Quaternary Prevention and Overmedicalization International Network. | To identify strategic thematic areas and leaders or institutions to provide knowledge, abilities and tools to strengthen the network. Possible areas: Overmedicalization, Critical reading and appraisals of medical literature, EBM, Ethics, ICTs, Community comprehension of overmedicalization risks, Public policies, Quaternary Prevention conceptual framework, Epistemology. | 2017 from March to end of 2018. | WONCA Executive Chair SIG QPO Quaternary Prevention and Overmedicalization Executive and Assessors. |
| | To facilitate the network interaction | 2017 and 2018 | Chair SIG QPO Quaternary Prevention and Overmedicalization Executive and Assessors Regional leaders |

Objective 3

To initiate communication resources (Forum to facilitate exchange and discussion. To edit a specific web page).
(Communication Level)

Activities and goals

We identified strategic to perform a bibliographic collection with specific materials focused on Quaternary Prevention and Overmedicalization. It will help to build a cluster of resources (journal publications, books, videos, podcasts, web blogs) to facilitate access to the concept core and how to apply.

We propose to provide and promote WONCA members to join to virtual forums (regional and international) to communicate in an effective way. WONCA Iberoamerican Region has an interesting experience in this aspect.

We are editing a web page with the objective to facilitate access to Quaternary Prevention news, activities and resources.

| Objective 3 Communication Level | Goals | 2017-2018 | Responsibility |
|---|---|--|--|
| To initiate communication resources (Forum to facilitate exchange and discussion. To edit a specific web page). | To perform a bibliographic collection with specific materials focused on Quaternary Prevention and Overmedicalization. It will help to build a cluster of resources (journal publications, books, videos, podcasts, web blogs) to facilitate access to the concept core and how to apply. | In process from 2016 November. | Chair SIG QPO Quaternary Prevention and Overmedicalization Executive and Assessors. |
| | To Create virtual forums (regional and international) to communicate in an effective way. | Establish from May to December 2017. | Chair SIG QPO Regional Presidents Regional Leaders. Prevention and Overmedicalization Executive and Assessors. |
| | To edit a web page with the objective to facilitate access to Quaternary Prevention news, activities and resources. To consolidate an Editorial WEB page Committee. | In process from December 2017 and forward. March-July 2017. | Chair SIG QPO Regional Presidents Regional Leaders Regional Working Group members. Editorial WEB page Committee. |

Objective 4

To disseminate Quaternary Prevention and Overmedicalization concepts in scientific activities, publications, teaching, and promote its application to medical practice.

Disseminate Quaternary Prevention concept and the ways to apply to health professionals and to the community in order to expand the perspective from general practitioners to the society.

(Exchange level)

Activities and goals

Promote in each region the incorporation of the theme and content of quaternary prevention to encourage reflection and application of these in community clinical activity.

Promote that Quaternary Prevention challenges become part of the ethical framework of each (general practitioners national organisations) scientific society. Promote political positions and institutional commitment to ethical principles (conflict of interests, financing of scientific activities).

Facilitate and promote the introduction of a quaternary prevention perspective in scientific regional, national and international activities.

Promote the consideration of contents inherent to Quaternary Prevention in undergraduate medical training, postgraduate training and recertification or continuing training activities.

To promote the leadership of Family and Community Medicine / General Practitioners in the discussion and taking of position in relation to particular situations of each country, in which people are affected by not respecting the ethical principles of medical practice (conflict of interest, non-shared decision making, Overscreening, therapeutic excess).

| Objective 4 Exchange Level | Goals | 2017-2018 | Responsibility |
|---|--|-------------------------------------|---|
| To disseminate Quaternary Prevention and Overmedicalization concepts in scientific activities, publications, teaching, and promote its application to medical practice. Disseminate Quaternary Prevention concept and the ways to apply to health professionals and to the community in order to expand the perspective from general practitioners to the society. | Promote in each region the incorporation of the theme and content of quaternary prevention to encourage reflection and application of these in community clinical activity. Contact Congress Scientific Committees to promote activities. | From March 2017 to the end of 2018. | WONCA Executive Chair SIG QPO Regional Executive Committee Regional Presidents Regional Leaders. Prevention and Overmedicalization Executive and Assessors. |
| | Promote that Quaternary Prevention challenges become part of the ethical framework of | From July 2017 to the end of 2018. | Chair SIG QPO Regional Executive Committee and Authorities. |

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| | <p>each (general practitioners national organisations) scientific society. Promote political positions and institutional commitment to ethical principles (conflict of interests, financing of scientific activities).</p> | | <p>Regional Presidents National Presidents National Committees Regional Leaders Regional Working Group members. National Family Medicine Societies.</p> <p>Prevention and Overmedicalization Executive and Assessors and Regional Leaders.</p> |
| | <p>Facilitate and promote the introduction of a quaternary prevention perspective in scientific, regional, national and international activities.</p> | <p>From July 2017 to the end of 2018.</p> | <p>Regional Executive Committee and Authorities. Chair SIG QPO Regional Presidents National Presidents National Committees Regional Leaders Regional Working Group members. National Family Medicine Societies.</p> <p>Prevention and Overmedicalization Executive and Assessors and Regional Leaders.</p> |
| | <p>To promote the leadership of FCM/GP in the discussion and taking of position in relation to particular situations of each country, in which people are affected by not respecting the ethical principles of medical practice (conflict of interest, non-shared decision making, Overscreening, therapeutic excess)</p> | <p>From July 2017 to the end of 2018.</p> | <p>Regional Executive Committee and Authorities. Chair SIG QPO Regional Presidents National Presidents National Committees Regional Leaders Regional Working Group members. National Family Medicine Societies.</p> <p>Prevention and Overmedicalization Executive and Assessors and Regional Leaders.</p> |

Objective 5

To promote WONCA SIG Quaternary Prevention and Overmedicalization activities among all the WONCA individual and institutional members in order to communicate its importance (Institutional level).

Activities and goals

To facilitate access to information and use of communication resources in order to plan quaternary prevention-focused activities.

Make possible experts participate in exchange activities between different regions to share different and peculiar experiences. One goal could be to have at least one conference with the topic in national and regional conferences between 2017 and 2018.

To facilitate the network interaction.

To share previous experiences between regions with a different development.

Get in contact with other Working Parties or WONCA SIGs with interest in common: Ethics, Environment. Sustainability. Europrev (<http://europrev.woncaeurope.org/>)

| Objective 5 Institutional level | Goals | 2017-2018 | Responsibility |
|---|--|---------------|---|
| To promote WONCA SIG Quaternary Prevention and Overmedicalization activities among all the WONCA individual and institutional members in order to communicate its importance (Institutional level). | <p>To facilitate access to information and use of communication resources in order to plan quaternary prevention-focused activities.</p> <p>Make possible experts participate in exchange activities between different regions to share experiences.</p> <p>To have at least one conference with the topic in national and regional conferences between 2017 and 2018.</p> | 2017- 2018. | WONCA Executive Chair SIG QPO Quaternary Prevention and Overmedicalization Executive and Assessors. Forum and web resources. |
| | <p>To facilitate the network interaction.</p> <p>To share previous experiences of other regions with a different</p> | 2017 and 2018 | Chair SIG QPO Quaternary Prevention and Overmedicalization Executive and Assessors Regional leaders |

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| | development. Get in contact with other Working Parties or WONCA SIGs with interest in common: Ethics, Environment. Sustainability Europrev | | |
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This Document is available on: <https://tinyurl.com/QPandO-Biannual-Plan-2017-18>

Quaternary Prevention and Overmedicalization WONCA SIG / Pizzanelli M, Lavalle R, Bernstein J, Jamouille M, Niveló M.