LANAM Latin & North America e-TRIGGER

e-TRaining In Gerontology and GERiatrics

Online Training in Geriatric Medicine and Gerontology

Discover a world of knowledge and endless opportunities in geriatric medicine and gerontology with our comprehensive online course.

Become part of an international learning community shaping better care for older adults

across LATIN and NORTH AMERICA

Applications are now open

Starting date: January 9, 2027



Visit our website: lanam.iaggg-fge.org

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About IAGG-FGE



The mission of the International Association of Gerontology and Geriatrics (IAGG) and the Federation of Geriatric Education (FGE) is to promote the highest level of achievement in gerontological research and training worldwide.

IAGG.site

The e-TRIGGER program



In response to the COVID-19 pandemic, we transitioned our renowned training programs to an online format:
"**e-Training In Gerontology and GERiatrics** (e-TRIGGER)" program.

IAGG-fge.org

Health Sciences e-Training Foundation educational partnership

HSeT Health Sciences e-Training Foundation

The Swiss Health Science e-Training Foundation (HSeT) develops e-learning programs that are tailored to the needs of specific groups of trainees as defined by the institutions themselves.

Hset.org



Who can apply?



Physicians and physicians in training

Medical doctors interested in aging and care of older adults and who are on track to achieve academic tenure, professorship, or high-responsibility clinical positions.

Experienced professionals

Highly experienced health professionals engaged in community care and hospital management of older people.





Healthcare professionals

The program is also suitable for non-physician healthcare professionals, from all backgrounds, involved in the care of older adults.

Academic, clinical and community leaders

The program also suits medical students, clinicians and community leaders who are interested in geriatric medicine and gerontology but do not have access to specialized instruction at their institution.



What will you gain?

Strengthen your practice

Translate current knowledge in geriatrics and gerontology into better decisions for older adults. Apply evidence-based approaches to address the challenges of aging and promote healthy aging.





Build your international network

Learn alongside healthcare professionals from Latin and North America and develop lasting professional connections across countries and disciplines.

Develop leadership skills

Develop your problem-solving skills and strengthen your ability to assess and integrate multidimensional information at individual and population levels through interactive activities.

Learn by doing

Discuss real-world cases, work in multidisciplinary teams, and apply clinical, preventive, and community interventions to practical challenges in aging care.

Gain international recognition

Demonstrate your commitment to healthy aging through an IAGG certificate recognizing 60 hours of professional development.

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Become a Healthy Aging Leader

JOIN
An international community

LEARN
From leading experts

CONNECT
Across professions, countries and cultures

APPLY
Knowledge to real aging-care challenges

LEAD
Change in your practice & community



How does the e-TRIGGER program work?

12 monthly online training sessions, with participants joining from different geographic time zones connected simultaneously. Each live session lasts 3 hours and is led by international experts working on a volunteer basis. The session is recorded to enable later viewing, in case of absence.

1

Interactive live sessions

Join 12 engaging online sessions focused on key topics in geriatric medicine and gerontology. Interact in real-time with expert course instructors and connect with fellow trainees. Sessions are held once a month on a Saturday from 11:00 a.m. to 2:00 p.m. (Eastern Time).



2

Assignments

Regional team activities on distinct geriatric topics in which you will interact with trainees in your language. Annotated scientific papers and case studies as educational tools to enhance your knowledge.



3

Knowledge Assessment

Your knowledge will be evaluated with quizzes designed by our expert tutors, based on the key messages of each session. Active participation in live sessions will also be considered by the tutors.



Program Certificate

Earn a prestigious **IAGG World certificate** of participation upon successful completion of 10 out of 12 course quizzes, plus a final exam (quiz).

A **60-hour training certificate,** corresponding to 36 hours of lectures per year, participation in team activities, analysis of article-based learning, and personal self-learning.

KNOWLEDGE TODAY

BETTER CARE TOMORROW

LANAM Latin & North America e-TRIGGER
e-TRaining In Gerontology and GERiatrics

CERTIFICATE OF COMPLETION

This is to certify that

Daniel Cruz

has successfully completed the distance learning course

IAGG e-TRIGGER LANAM 2027

International Association of Gerontology and Geriatric e-Training in Gerontology and GERiatrics Latin & North America

From January to December 2027 (Total of 60 hours & personalized training)

Prof. Hilde Verbeek
President, IAGG-World

Prof. Jean-Pierre Michel
Director, Federation of Geriatric Education

Prof. Tamas Fulop
Director, LANAM e-TRIGGER

Prof. Miguel Angel Acanfora
Board member, LANAM e-TRIGGER

Prof. George A Kuchel
Board member, LANAM e-TRIGGER



Program topics and dates for 2027 cohort

January 9	Resilience in Older Adults
February 6	Falls and Gait Disorders
March 6	Social Isolation and Loneliness
April 3	Vaccines in Older Adults
May 1	Frailty
June 5	Promoting the Health of Older Adults: a Community-Based Approach
July 3	Long-Term Care
August 7	Healthy Aging
September 4	Geriatric Oncology
October 2	Nutrition
November 6	Exercise and Metabolism in Older Adults
December 4	Biology of Aging

Additional interactive Team Activities are planned along the course

LANAM Latin & North America

e-TRIGGER

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e-TRIGGER International Boards

Federation of Geriatric Education



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Switzerland

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Application Process

Step 1:
Fill out the application form

To enrol in the Online Training in Geriatric Medicine and Gerontology, visit the e-TRIGGER LANAM website, go to the registration page and complete the online application form there.

lanam.iaggg-fge.org

Step 2:
Application review

The applications will be reviewed and approved by the e-TRIGGER LANAM Board.



Step 3:
Complete payment

Once your application has been accepted, pay the course fee by credit card or PayPal through the e-TRIGGER LANAM website.



Registration fees

Participant Category	North America	South America
Physicians (MD)	USD 1,200	USD 800
Allied Health Professionals	USD 600	USD 400
Postgraduate Students (all levels)	USD 300	USD 300
Undergraduate Students	USD 100	USD 100

Scholarships

A limited number of scholarships are available – please apply as soon as possible. Follow the application procedure and email us for details about the eligibility criteria at contact_etrigger.LANAM@hset.org

This program has been developed by:

International Association of Gerontology and Geriatrics
Founded 1950

HSeT
Health Sciences e-Training Foundation

Centre de recherche sur le vieillissement
Research Centre on Aging

Co-developed with:

Provincial Geriatrics Leadership Ontario

Schulich Medicine & Dentistry
Western

CPD Continuing Professional Development

Thank you to those who helped support this program through promotion and dissemination within their networks.

CGA Geriatrics, Gerontology and Aging



Join an international learning community committed to improving the care of older adults across Latin & North America.









Starting date: January 9, 2027

APPLY NOW