



Polaris update – April 2018

First off Polaris would like to extend the warmest welcome to the thousands of new family medicine trainees began their training! The family medicine community is hugely supportive, and all of us at Polaris are excited to help you transition through the beginning of your career- we are here for you.

2018 started off with many changes at Polaris with some changes to our executive. We are very grateful for all of the work that our past executive have done and are looking forward to building off of that energy. We are pleased to welcome to our executive for the first time: Kiera Hayes (USA), Lauren Bull (USA), Megan Guffey (USA), Yaeesh Sardiwalla (Canada).

One of our big focuses for the first half of 2018 is to better coordinate our social media efforts to serve as a communication tool for our membership, please email us with any requests to share events, research, advocacy efforts or anything else which may be appropriate.

Stephen Cashman (Canada) is working overtime to establish a network of FM360 hosts across the Polaris region. Additionally, we are currently undertaking a literature search to develop a pre and post exchange survey to evaluate the benefit of the exchanges for both the host and the participant.

Coming up in our region is the Caribbean College of Family Physicians 7th Pan Caribbean Conference May 4-6, 2018 in Kingston Jamaica. We are excited to have Prof Amanda Howe joining us as the keynote speaker.

The Polaris team is hard at work liaising with member organizations to further establish our role in the region and collaborate on future projects.

We are counting down to Seoul 2018 already!

Sincerely,

Cheyenne Vetter (Canada)
Chair, Polaris

Who is Cheyenne Vetter – the new Polaris chair?



Cheyenne Vetter is a Rural Family Medicine Resident in the northern region of Saskatchewan Canada. She has been involved with Polaris for the past three years, first as the Canadian Medical Student Representative on the executive and now as the Resident Representative and Chair. Cheyenne has a passion for rural primary care and truly believes that full scope family practice is in the best interest of patients, communities, and health systems. Her research interests include harm-reduction and quality improvement.