

## The Spice Route Movement South Asia region



### **WONCA South Asia Regional Conference 2019, Lahore, Pakistan**

The above was held from 22nd to 24th of November 2019 at Avari Hotel Lahore. The Spice Route organized the YDM Pre-conference under the theme of 'The Spice Route; future of WONCA SAR' and the session was well attended by both young and 'young at heart' family doctors. It became a fresh experience for many Pakistani young family doctors and trainees who have never been in an international conference. The keynote address was delivered by Dr Donald Li, President WONCA. Dr Raman Kumar, President WONCA SAR has sent a video message as he could not attend due to unavoidable reasons. The pre-conference programme was admired by many for its consistency.

*Photo: Zakiur, Ana, Sankha.*

Some of the highlights of the programme were, Panel discussion on YDM activities with WONCA which was also participated in by Dr Ana Barata, WONCA YDM Representative, presentation of research evidence for 'Characteristics of working situations of young Family doctors in SAR' by the Spice Route Chair, a interesting Storytelling session by the young doctors of the regional countries, the Skills lab and the session on career opportunities for young family doctors.



The Spice Route also had a fruitful meeting on the second day which enabled many young doctors who participated to express their ideas and ask questions to quench their thirst for knowing about the YDM.



*Photo: visiting a PHC centre with president elect Anna Stavdal.*

As a whole, YDM activities at WONCA SAR 2019 was a success and it would have an impact on progress of the Spice Route Pakistan.

New office bearers appointed for the Spice Route India

The Spice Route India appointed their new office bearers in October. New Chair is Dr Serin Kuriakose, National Secretary Dr Jyotika Gupta and FM360 National Coordinator Dr P Kailas. We wish them all the success and thank the outgoing chair Dr Idris Shariff and the office bearers for the service granted.

Sankha Randenikumara, chair