



ASSOCIATION OF GENERAL AND PRIVATE MEDICAL PRACTITIONERS OF NIGERIA (AGPMPN)

The Association of General and Private Medical Practitioners of Nigeria (AGPMPN), as a member organization of WONCA, also wishes all family doctors 'A HAPPY FAMILY DOCTOR DAY'.

The ongoing global pandemic has prohibited physical large gathering celebrations. For this reason, the AGPMPN celebrated the FDD virtually with her members via a zoom webinar. This webinar had in attendance a good number of our members all across the geopolitical zones of our dear country, Nigeria.

The webinar anchored by Secretary-General of AGPMPN, Dr Ned Okoro, commenced with an opening/ welcome address by the AGPMPN President, Amb. Dr Lyke Odo, felicitating with the WONCA president, Dr Donald Li and his team; WONCA Africa president, Prof Shabir Moosa and his exco, all members and all family doctors at large.

The WFDD 2021 theme, Building the Future with Family Doctors, rests on four pillars. The webinar referred to three related topics:

a) Caring for the Caregivers – by Dan Abubakar – WONCA Africa President-Elect.

This topic took us through one of the pillars of the theme, 'building the future with family doctors and you'. The lecture emphasized the importance of family doctors looking after their health to provide care to others. As he said and I quote, 'A sick doctor cannot possibly provide care of highest standard.

b) Health Promotion and Preventive Care – by Dr (Mrs) Obianma Onya – Chief Consultant Family Physician, International Board Certified Lifestyle Medicine Physician-UPTH, Nigeria.

This topic aligned with two other pillars of the theme, 'Building the future with family doctors and patients' and Building the future with family doctors and primary care teams.

This section highlighted lifestyle modification, which should be the foundation of healthcare in the future that has commenced in health promotion. Dr (Mrs) Obianma Onya also talked about the six pillars of lifestyle medicine to prevent disease and promote health. It also involves collaboration with other primary care teams and patients.

c) Medical practice- beyond the stethoscope – by Dr Augustine Uwumagbe – PGDFM, FAGP.

The final topic aligned with the last pillar of the theme- Building the future with family doctors and new technologies. He took us through a world of innovative technologies needed by family doctors to build the future we look forward to.

The online meeting did not end without goodwill messages from our past president, Dr Anthony Omolola and our past AGPMPN- WONCA liaison officers, Drs Ben Okpala and Matie Obazee.

The webinar lasted about 2 hours. It was very informative, enlightening and refreshing. It also attracted a 2 point CME for all the participants in attendance.

The webinar was a huge success!

Once again, on behalf of the president of AGPMPN, Amb. Dr Lyke Odo and the entire members of AGPMPN, "HAPPY FAMILY DOCTOR DAY".

By Dr Oluwaseun Olusola
AGPMPN- WONCA Liaison Officer.
AGPMPN President- Amb. Dr Lyke Odo