

# YOUNG DOCTORS' MOVEMENT NEWS

## AL RAZI EAST MEDITERRANEAN

Since December 2020 to March 2021, Al Razi team held four meetings on monthly basis to discuss and plan future projects. The new chair (Anas Almohtaseb) and the representatives of Saudi Arabia (Adel Yasky), Lebanon (Reina Alameddine), Palestine (Beesan Maraqa), Jordan (Dana Al-Daghlise), Oman (Mohammed Al Ghafri) and Kuwait (Ahmad Fakhreddine) almost regularly attended these meetings.

### Participation in YDM leads Webinars:

- **Anas** in the first webinar “Silver Linings: Lessons Learned from the Pandemic”, Jordan experience (29 Nov 2020).
- **Reina** (Lebanon) in the 2nd webinar “Alternative Career for Young Doctors”, Health policy career (24 Jan 2021).
- **Hella Al Othman** (Saudi Arabia) in the 3rd webinar “Lifestyle Medicine”, Reducing stress (28 Mar 2021).

### Local Teams Activities

#### OMAN

- Participants in Oman Family Medicine Society meeting; two young doctors elected in the board.
- Forming local team: Mohammed AL Ghafri (rep), Hamed AL Qanobi, Anas AL Kimyani , Issa AL Busaidi , Ahmed AL Kharousi, and Yaqoob AL Luwahi.
- Bi-weekly educational quiz to improve medical knowledge of GPs and family physicians in Oman.



#### JORDAN

- Team: Dana Daghlise (rep), Mahmoud Al-Soqor, Ehab Jarar, Haneen Taher, and Enas Ammar.
- Three meetings since Dec 2020 to set goals and projects for the next year.
- Application form to recruit new family doctors
- [Awareness video about COVID-19 home isolation, Dec 2020.](#)
- [Video about COVID-19 vaccines in Jordan, Jan 2021.](#)

#### LEBANON

- Team: Reina Alameddine (rep), Mohamad Ali Jardaly, Mohamad Ramadan, Theodora Bou Saba, Rana Jarrah, and Rim Taleb.
- Members engaged in advocacy groups to push for a “zeroCOVID” strategy in the country.

#### SAUDI ARABIA

- Current Team: Adel Yaski (rep), Sultan Al Howti, Mohammed Al Yosef, Ghadah Al Rajhi, Renad Al Ghefely, and Hella Al Othman.
- New Members recruitment to formulate the new team by May 2021.



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#### PALESTINE

- Gathering up: to gather young family doctors from the West Bank and Gaza.
- Create a list of young Al-Razi family doctors in Palestine.
- Active team members: Beesan Maraqa (rep), Salam Khashan (Gaza focal point), Tasneem Yahia, Layali Qaddoim, Kholoud Ayesh, and Tariq Deres.
- First online workshop, discussing COVID-19 truth and worries, to be organized in 24 April 2021.



#### SOCIAL MEDIA CHANNELS

